



Oak Meadow Elementary & Buckeye Union Mandarin Immersion



Buckeye Union School District
7701 Silva Valley Parkway-El Dorado Hills, CA 95762
(916)933-9746 FAX (916)933-9784

Web Site- www.buckeyeusd.org/omes & www.buckeyeusd.org/bumi

March 2024

Parent Bulletin #8

Cinnamon Johnsrud/Principal

School Times: All Mandarin grades and First - Fifth grades: 7:55am - 2:07pm
AM Kindergarten/TK Times: 7:40am - 11:10am, PM Kindergarten Times: 11:11am - 2:41pm

Minimum Day Dismissal Time: All Mandarin grades & First - Fifth grades - 12:02pm (Lunch is always served on minimum days)

Early Release Wednesdays: All Mandarin grades & First - Fifth grades: 7:55am - 1:10pm,
Kindergarten/TK AM ~ 7:40am - 10:25am, Kindergarten PM ~ 10:25am - 1:10pm

IMPORTANT DATES

- 3/5 ~ Meet the Masters Training in G5 at 7pm**
- 3/7 ~ Coffee & Conversations with Dr. Roth in the staff room at 8am**
- 3/11 ~ Staff Development Day—NO SCHOOL**
- 3/13 ~ Heritage Festival at Blue Oak Elementary, 5:30 - 7:30, MP room**
- 3/20 ~ PTO Meeting in G5 at 12:30**
- 3/25 - 4/1 ~ Spring Break—NO SCHOOL**



Counselor's Corner

Oak Meadow & BUMI kiddos filled the month of February with lots of random acts of Kindness whether it was donating Hands4Hope toiletries, showing their school spirit during our Kindness Week dress-up days, or taking on The Great Kindness Challenge. Way to go Oak Meadow/ BUMI! Let's continue to keep those kind acts going throughout the rest of the school year and beyond.

As we continue to break down the Zones of Regulation in classroom guidance lessons, we'll be learning about **THE GREEN ZONE** this month. The Green Zone is the most comfortable zone and where we do our best learning.. In the Green Zone, we feel calm, happy, and focused.. Being in the Green Zone feels great but takes effort to stay there.

Check out these Green Zone Books:

The Magic of Me: My Magical Choices by Becky Cummings

Kindness is my Superpower by Alicia Ortego

Happiness is... by Lisa Swerling & Ralph Lazar

Children who Dance in the Rain by Susan Justice & Sirah Jarocki

Find Your Happy: A Kids Self Love Book by Patricia May

A Little Spot of Happiness by Diane Alber

Marvelous Me: Inside and Out by Lisa Bullard

I'm in the process of scheduling new small groups and looking forward to starting my next round. If you're interested in a counseling group for your child, feel free to reach out at ls Spencer-long@buckeyeusd.org for a parent referral form.

If you're looking for more of a 1:1 type counseling experience for your child and need some help connecting, please reach out and I'd be happy to introduce you to our mental health partner, Care Solace. They take the headache out of finding a good fit for your family's needs and insurance coverage.

~ Mrs Leslee

Meet the Masters

MEET THE
MASTERS



MTM Newsletter



Our next artist is Georgia O'Keeffe. She was one of the first female modernist painters of the US, known for her bold and striking painting of enlarged flowers, New York skyscrapers and New Mexico landscapes. O'Keeffe attended the School of Art in Chicago and also attended the Art Students League in New York City where she excelled as a budding artist and won accolades for her paintings and eventually became known as the "Mother of American Modernism."

Nurse's Notes

MARCH-Nurse's Notes: Health Services

Are you familiar with health services related to school? California has mandates for services not only prior to school entry (vaccines) but also while your child attends school. Mandates for vaccines include immunizations for school entry at Kindergarten (including TK) and 7th grade. Additionally, screenings such as hearing and vision are required and conducted at your child's school site. CHDP/Oral Health exams are required. *If you haven't turned in a CHDP form or Oral Health examination for your 1st Grade or Kindergarten student, please do.* If you need a form, or don't know if you have this completed, our health office team can help you review your child's information as to what might be missing. For more on required vaccinations for advancement, review here: <https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-231.pdf>



Did you know that the beginning of March includes - **Preteen Vaccine Week, First week of March!!**

The El Dorado County Public Health Department wants to remind families of 11- and 12-year-old students to schedule a preteen doctor visit. Get vaccinated against the following diseases. TDAP, HPV, Bacterial Meningitis, Influenza & Covid. The TDAP booster (and any missing vaccines) are required for 7th Grade advancement. Medical Exemptions expire at 7th grade entry. Please, consult your family physician, or call the health department if you need resources for vaccinations.

**EDC PHD IMMUNIZATIONS: 530-621-6100: FREE CLINIC on March 6;
12:30-3:30PM at 931 Spring Street, Placerville.**



Reminder... **MEDICATIONS:** Each site has a health clerk to assist with medications. ALL medications require a completed BUSD permission form. This includes prescriptions (like carried inhalers) OR anything Over-The-Counter (OTC) with an "active ingredient", e.g. vitamins, herbal or cough drops, homeopathies, ibuprofen, essential oils, etc. This helps alert the district school nurse to write a health plan for your child if needed. Exceptions, as written into code, include hand sanitizers and sunscreen. Lotions or body

oils that don't have a labeled "active ingredient" should be permitted – when in doubt, contact your health team!! Do you need a medication form? Pick up at the office or online here:

<https://drive.google.com/file/d/1f55Q97DffAT0X1zEhq8sRrnq-lbriP/view>

WHAT ELSE TO KNOW? About the health office – We provide first aid and see many students daily. We typically try to call home for concerns to be monitored, head bumps, etc. We send home students that have a fever, are vomiting or require urgent care for injuries. IF your child is ILL please keep them home until fever-free (<100), vomiting (or diarrhea)-free for 24 hours without the use of medication. We also work closely with the health department to maintain recommended protocols for communicable disease.



Our health office loves donations to keep things healthier and happier – consider donating cleaning wipes, plastic baggies, clothes like sport shorts, stretchy pants, sport pants, leggings, sweatpants or sweaters and hoodies - *gently used items for the elementary grades are perfect (no jeans please).* Thank you so much!!!

Here's the health team: Best regards from Nurses Tristan and Sandy, tkleinknight@buckeyeusd.org & schavez@buckeyeusd.org

Tristan Kleinknight, MSN RN PHN: School Nurse for:

Blue Oak Elementary: Health Clerk I, Carmela Bucci
530-676-0164 x1830, Fax: 530-676-0758

Buckeye Elementary: Health Clerk II, Rachel Kelly, LVN
530-677-2277 x1230, Fax: 530-672-1483

Cameralado Springs: Health Clerk I, Tammy Collins
530-677-1658 x1530, Fax: 530-677-9537

Valley View Montessori: Health Clerk II, Sarah Lester, LVN
916-939-9640 x3330, Fax 916-939-5015

Sandy Chavez, MSN RN PHN: School Nurse for:

Oak Meadow Elementary: Health Clerk I, Luz Shaw
916-933-9746 x2130 Fax: 916-933-9784

Rolling Hills: Health Clerk I, Bertha Chau
916-933-9290 x3030 Fax: 916-939-7454

Silva Valley Elementary: Health Clerk I, Tara Nakano
916-933-3767 x2730 Fax: 916-933-6389

William Brooks Elementary: Health Clerk I, Raffaella Avina
916-933-6618 x2430Fax: 916-933-3910



Save the date

OME/BUMI ART SHOWCASE

Friday, April 19th 6pm



The Café

SCOOP

Click [HERE](#) for this month's menu



Buckeye Union Food Service



What's Cooking?

Every Monday we serve chicken strips with potato smiles (elementary) or seasoned curly fries (middle school). The strips are made from whole muscle chicken breast meat and served with our special Signature Sauce. It's like a little bit of Chick-fil-A at school. What a great way to start the week!

This month we are featuring broccoli from Royally Grown Farm in Salinas. They are CCOF certified organic farm growing a variety of vegetables and berries.





CAPTURE YOUR MEMORIES IN THIS YEAR'S

OAK MEADOW ELEMENTARY SCHOOL YEARBOOK!

Customize Your 2 Free Pages

Add photos from your computer, Facebook, Instagram, Google Drive & more.

Answer fun Memory Questions to help remember the year.

The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

treering

To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

1 Go to: www.treering.com/validate

2 Enter your school's passcode:

1013787362013002

Regular price: \$20.15

Create Custom Pages by: Apr 4





dream

ENRICHMENT CLASSES

SPRING BREAK CAMP



MINECRAFT CODING 1-4PM

Ready to dig deeper into Minecraft and learn some coding along the way? In Minecraft Coding tech camp, kids become the rulers of their own world, controlling their mobs and creatures and learning to change, customize, and edit their tools and weapons. Learn conditionals, functions, coordinates, and more in block-based coding language where sky is the limit.



JR ROBOTICS 9-12PM

Love Legos? Love using computers to make things happen? Then you are in luck. Campers will build and program LEGO robots to think, move, and react through a series of automation challenges. Campers use dedicated laptops and LEGO WeDo robotics kits and micro:bit microcontrollers to learn several aspects of engineering: automation, problem-solving, and programming.



FIREFLY ART 9-4PM 9-12PM & 1-4PM

Firefly Art teaches drawing skills with a variety of art media, it also teaches children life skills. In Firefly Art, we embrace "mistakes" as part of life, and we learn to move through those mistakes, and beyond them and to also learn how to design creative solutions when we make "mistakes".



LOCATIONS & DATES:

MIDTOWN
First United
2100 J St,
Sacramento, CA
March 25-29

ARDEN
Lutheran Church
6449 Riverside Blvd,
Sacramento, CA
March 25-29

LAND PARK
River's Edge
4641 Marconi Ave
Sacramento, CA
March 25-29

NATOMAS
NP3
3800 Del Paso Rd
Sacramento, CA
March 18-22, 25-29

FOLSOM
Bridge Comm. Church
511 Sibley St,
Folsom, CA
March 25-29

EL DORADO
Foothills Church
2380 Merrychase Dr,
Cameron Park, CA
March 25-29

EARLY BIRD SPECIAL: 20% OFF
SPRING & SUMMER CAMP
ENDS MARCH 1ST

Enroll for both Spring and Summer and receive an additional **10% OFF** your Summer registration
Call the office to receive the additional discount



dreamclasses.org 916-419-7644



Dream Enrichment Classes

AFTER SCHOOL

Video game coding classes

Join us as we learn the **LANGUAGE OF TECHNOLOGY** with **SCRATCH**

Many people think computer science is vocational, but the truth is, it's foundational. HoneyCODE aims to bring more computer science into our community, while teaching students the basics of coding from a young age. Join us for learning fun!

SESSION INFO:
 HONEYCODE @ Oak Meadow Elementary
 Session C: \$90.00
 Thursday: 2:15pm-3:25pm
 Dates: 1/25, 2/1, 2/8, 2/15, 2/29
 Room: MP Room

DON'T MISS OUT:
 Register for multiple sessions!
 Save \$10 OFF for each additional session with our Multi Session discount!

ENRICHMENT SINCE 2006
 CELEBRATING 17 YEARS

Age Requirements
 Open to grades 2nd - 6th

REGISTRATION now open!
dreamclasses.org
 916-419-7644

Afterschool Art CLASSES

... Let's learn to draw! ...

SESSION INFO:
 Firefly Art @ Oak Meadow Elementary
 Session C - \$126.00
 Friday: 2:15pm-3:15pm
 Dates: 2/2, 2/9, 2/16, 3/8, 3/15, 3/22, 4/5
 Room: MP Room

DON'T MISS OUT:
 Register for multiple sessions!
 Save \$10 OFF for each additional session with our Multi Session discount!

ENRICHMENT SINCE 2006
 CELEBRATING 17 YEARS

GRADES K-6TH

HOW DO Firefly ART CLASSES WORK?

- Classes are right on campus
Classes are held on campus, and start 10 minutes after the bell rings.
- All supplies are provided
Classes are 60 minutes, and all art supplies are provided and included in the class fee.
- A new drawing every week
Each week, your child will follow along to create their very own masterpiece!

916-419-7644
dreamclasses.org

This is not a program of the Buckeye Union School District.

New Session Starts Soon!

✓ Don't miss out - beat the waitlist & sign-up today

SESSION INFO:
 Early Engineers @ Oak Meadow Elementary
 Session C - \$108.00
 Monday-2:15pm-3:25pm
 Dates: 1/29, 2/5, 2/12, 2/26, 3/4, 3/18

ENRICHMENT SINCE 2006
 CELEBRATING 17 YEARS

DID YOU KNOW?
 STEM EDUCATION BUILDS CRITICAL THINKING AND PROBLEM-SOLVING SKILLS!

DON'T MISS OUT:
 Register for multiple sessions!
 Save \$10 OFF for each additional session with our Multi Session discount!

How our classes work:

- Classes are right on campus
Classes are held on campus, 10 minutes after the bell rings.
- All supplies are provided
All building materials are provided and included in the class fee.
- A brand new project every week
Instructors photograph your child's projects for viewing online.

REGISTER ONLINE AT
dreamclasses.org | **916.419.7644**

MASTER THE GAME OF CHESS

Weekly After School Classes

★ TRAINED AND QUALIFIED TEACHERS
 ★ A NEW LESSON EVERY WEEK

SESSION INFO:
 (GRADES 1-6)
 CHESS ACADEMY @ Oak Meadow Elementary
 Session C - \$180.00
 Tuesday: 2:15pm-3:15pm
 Dates: 1/23, 1/30, 2/6, 2/13, 2/27, 3/6, 3/13, 3/20, 3/26, 4/3

ENRICHMENT SINCE 2006
 CELEBRATING 17 YEARS

DID YOU KNOW?
 Learning to play chess improves concentration, critical thinking, and social skills!

REGISTER TODAY
dreamclasses.org
916.419.7644

DON'T MISS OUT:
 Register for multiple sessions!
 Save \$10 OFF for each additional session with our Multi Session discount!