



ROLLING HILLS MIDDLE SCHOOL

Home of the Bengal Tigers

September Parent Bulletin

PRINCIPAL'S MESSAGE

I love September, and not just because it's my birthday month! ;-) We are back into full swing and settling into our routines. Hopefully your child (and you!) has been able to navigate through middle school and balance school with outside activities. If you're still having difficulties, please do remember to communicate with your child's teachers.

As I mentioned at Back to School Night, our theme for the year is "Be Wonder Full." Our Student Council students will be organizing a variety of activities focused on this theme, the first of which will have the students making bracelets with one word to focus them through the year. This activity will be occurring during Focus periods over the next two months (it's hard to have enough kits for 1000 kids!). It's a fun activity that the teachers just completed themselves at our staff meeting on Wednesday. The word I chose for my own bracelet is *hope*, of which I am full every year as I meet our new students. I look forward to seeing what words our students choose over the next few months.

At this point in time, Student Council is happy to be closing out their first and ONLY fundraiser of the year with GAO. Proceeds from the sale go directly to our Student Council, which funds field trip scholarships, after school clubs, student awards assemblies, sports' uniforms, reading rewards program, and other student centered needs. Remember, too, that all through the year, if you enter our school ID #2692184 at www.gaschoolstore.com, proceeds will still come to Rolling Hills. Even though our incentives program will end today, any sale through GAO will still garner support for Rolling Hills. So think of us through the year as you shop for holidays and birthdays. We thank you for your support of this highly successful campaign! If your child sold cookie dough during this fundraiser, please remember that you will get a call with a specific pick up date that cannot be changed! All of the cookie dough (thousands of tubs!) arrive on the same day, and kids need to pick it up that day, deliver it, or store it in a freezer. With the fundraiser wrapping up today, we will be able to set that date next week and let you know what it is ASAP. Obviously, we do not have enough freezer space to store thousands of tubs of cookie dough, so whatever isn't picked up that day will be donated!

We are very excited for our 7th graders to experience our Point Break assemblies, which are meant to build empathy amongst our community. More information will be coming home to you through our counselor, Dee Cutter. If you have any questions, please don't hesitate to contact us. The students will be divided by teams for the assemblies on the following dates: September 11--Mountaineers and September 13--Golden Bears.

Finally, looking ahead to October, we have our annual **Bengal Ninja Warrior event on Monday, October 8**. More information about this event can be found in our bulletin, but again, I want to remind you that this is an OUTSTANDING opportunity for you to be on campus to watch the fun middle school students have with this event.

At this point in time, we've reviewed our policies with students regarding discipline and safety. I want to remind you that if you happen to be on campus when a fire or intruder alarm sounds, please seek the guidance of one of our employees and follow their lead. Even when it's a drill, we expect students and adults to adhere to all of our policies in order to practice the utmost safety. We thank you in advance for your cooperation in this matter and apologize for any inconvenience it may cause you. We are continuously examining best practices and updating procedures to ensure student and community safety remains our priority.

Finally, the month of September closes with our **Parent Student Conferences starting Monday, September 24 and ending Friday, September 28**. Students have class as usual from 7:50-noon, then conferences begin at 12:45. You will be contacted by Dana Lee if the teachers have requested a conference with you for your child. If that is the case, please do bring your child with you to the scheduled date. If you are not contacted and would like to schedule a conference, please contact Dana Lee at extension 3003 or at dlee@buckeyeusd.org. Please remember dismissal is at noon every day that week.

Here's to a great September and an even better school year!
Debbie

NOTICES AND EVENTS

GAO MAGAZINE & COOKIE DOUGH FUNDRAISER

We have just completed our GAO magazine and cookie dough fundraiser. Thank you to all of the parent volunteers and students for making it a success. All proceeds from this fundraiser go directly to student council who then uses the money to fund scholarships, uniforms, merit supplies, student body assemblies, dances, lunch activities, sports equipment, materials for classes, after school clubs, and more! Although the cookie dough portion of the fundraiser is over, you can support RHMS all year by going to www.gaschoolstore.com and entering our school code: 2692184. You can shop magazines and other items, which will be sent directly to you.

For those students who ordered cookie dough, the orders will be delivered to RHMS in September. We will finalize the date in another week and email it to all. Students (parents) who sold cookie dough need to pick it up in MP room by 5:00 pm and either deliver it to those who purchased it, or make room in your freezer! It's obviously, perishable, so please plan accordingly.

SCHOOL PICTURES MAKE-UPS will be taken on Friday, 9/7/18. Students will be called down to take their photos.

CJSF APPLICATIONS (California Junior Scholarship Federation)

Application forms to join CJSF are available year round in the office or [online](#). Membership forms for grades earned during the 3rd trimester for the 2017/2018 school year are due to the Library by Friday, 8/31/18, at 3:30 pm. If your child is new to our school, we ask that he/she bring his/her last report card to the library to fill out the application. You must attach a copy of your last report card (copies are currently available in the office due to them not being available to print from ESchools).

SIXTH GRADE STUDENTS DO NOT QUALIFY THIS TRIMESTER SINCE QUALIFICATION IS BASED ON LAST YEAR'S MIDDLE SCHOOL GRADES. PLEASE REMEMBER, MEMBERSHIP IS NOT AUTOMATIC; YOU MUST COMPLETE THE APPLICATION AND RETURN IT TO THE OFFICE BY THE DUE DATE. Watch for more information in our student bulletin available every Friday on our school website under *Students*.

THERE IS NO SCHOOL ON THE FOLLOWING DATES

- Mon 9/3/18 (Labor Day)
- Tues 9/4/18 (Staff Development Day - No school for students)

FRIENDS OF ROLLING HILLS MEETING for September will be held in the Staff Room on Thursday, 9/13/18 at 12:45 pm. In the future all meetings will be on the 2nd Thursday of each month. All parents are welcome to attend!

SCIENCE OLYMPIAD PARENT INFORMATION MEETING – TUESDAY, 9/18/18

Does your student love science? Want to experience friendly competition and lasting memories? If so, then Science Olympiad is the answer! We will have a student only meeting at 1st lunch in H1 and a parent/student information meeting on Tuesday, 9/18/18 at 6:00 pm in the Library. (Please bring your student.) In the meantime, check out the SciOly websites: <https://www.soinc.org/> and <http://www.norcalscienceolympiad.com/> or email Mrs. Rudkin at Rrudkin@buckeyeusd.org for more info.

Debbie Bowers, Principal

Jen Hansen, Assistant Principal

BENGAL NINJA WARRIOR EVENT (Monday, 10/8/18):

Inspired by the television show, American Ninja Warrior, Friends of Rolling Hills created an obstacle course specifically designed for our students! During life fitness, every student has an opportunity to run the course. **This is the largest parent volunteer day of the year!** Parents volunteer in advance of the event to solicit company sponsorship, hand out prizes on donation turn in days, and, most importantly, assemble the obstacle course on the school field. On the day of the event, parent volunteers coach/encourage students through obstacles, time heats and disassemble the obstacles. It is a fun filled, team building experience for students. **Mark your calendars for Monday, October 8th!** Volunteer opportunities will be available soon using the SignUpGenius link [here](#) on our school website!

Friends allocates all money raised during Bengal Ninja Warrior to fund the purchase of Chromebooks used in classrooms. **Donation forms will be sent home with students on Wednesday, September 26th.** Students will have an opportunity to turn in donations and collect prizes Thursday, October 4th, and Friday, October 5th at the flagpole before school.

Students voluntarily participate in this event during life fitness. If students are hesitant to run through any obstacle, each obstacle has an option for students to do 5 burpees (push up like exercise) in lieu of the obstacle. Students are expected to move through the obstacle course as instructed and complete the obstacle in the method intended. Failure to comply with the correct execution of an obstacle may result in injury. As with any physical activity, there is risk for injury, especially if students do not exercise caution while participating in the obstacle course.

We appreciate the continued support of the parent community and look forward to seeing you soon!

GET TEXT UPDATES FROM REMIND!

To leave a class, send @LEAVE@[the class code] to 81010

To join a class, send @[class code] to 81010

Class Codes:

6th grade: @rh6

7th grade: @rh7t

8th grade: @rhms2019

6TH GRADE WELCOME DANCE will take place on Friday, 9/21/18, from 2:15 to 4:15 pm in our MP Room. Tickets are \$2.00 each and will be sold at the Student Store before and after school beginning Thursday, September 6th. Snacks will be available for purchase during the dance for \$1.00 each.

PARENT/STUDENT CONFERENCE WEEK is Monday-Friday, 9/24/18-9/28/18. Notices will be sent only to those parents with whom teachers would like to meet. Students are highly encouraged to attend the conference as well. If you are not contacted, but would like a conference with your child's teachers, please call Dana Lee at (916) 933-9290, ext. 3003. We will follow a **MINIMUM** day schedule for this entire week – students will be dismissed at Noon and the Library is closed after school.

SPORTS NEWS

ROLLING HILLS GIRLS VOLLEYBALL SCHEDULE 2018/2019

DAY	DATE	OPPONENT	LOCATION	TIME
WEDNESDAY	9/5/18	SUTTER	SUTTER	4:00 PM
THURSDAY	9/6/18	FOLSOM	ROLLING HILLS	3:30 PM
TUESDAY	9/11/18	MARINA	ROLLING HILLS	3:30 PM
THURSDAY	9/13/18	CAMERADO	CAMERADO	3:30 PM
TUESDAY	9/18/18	BYE	BYE	
THURSDAY	9/20/18	SUTTER	ROLLING HILLS	3:30 PM
TUESDAY	9/25/18	FOLSOM	FOLSOM	4:00 PM
THURSDAY	9/27/18	MARINA	MARINA	3:30 PM
TUESDAY	10/2/18	CAMERADO	ROLLING HILLS	3:30 PM
THURSDAY	10/4/18	BYE	BYE	

LEAGUE TOURNEY @ CAMERADO – 10/9/18 – 10/11/18 TBA

ROLLING HILLS BOYS VOLLEYBALL SCHEDULE 2018/2019

DAY	DATE	OPPONENT	LOCATION	TIME
WEDNESDAY	9/5/18	SUTTER	ROLLING HILLS	3:30 PM
THURSDAY	9/6/18	FOLSOM	FOLSOM	4:00 PM
TUESDAY	9/11/18	MARINA	MARINA	3:30 PM
THURSDAY	9/13/18	CAMERADO	ROLLING HILLS	3:30 PM
TUESDAY	9/18/18	BYE	BYE	
THURSDAY	9/20/18	SUTTER	SUTTER	4:00 PM
TUESDAY	9/25/18	FOLSOM	ROLLING HILLS	3:30 PM
THURSDAY	9/27/18	MARINA	ROLLING HILLS	3:30 PM
TUESDAY	10/2/18	CAMERADO	CAMERADO	3:30 PM
THURSDAY	10/4/18	BYE	BYE	

LEAGUE TOURNEY @ CAMERADO – 10/9/18 – 10/11/18 TBA

ROLLING HILLS CROSS COUNTRY SCHEDULE 2018/2019

DAY	DATE	LOCATION	TIME
WED	9/5/18	CAMERADO	4:00 PM
WED	9/12/18	FOLSOM RODEO GROUNDS	4:00 PM
SAT	9/15/18	WILLOW HILLS RESERVOIR (FOLSOM H.S. Parking Lot)	8:00 AM
WED	9/19/18	FOLSOM M.S.	4:00 PM
WED	9/26/18	MARINA M.S.	4:00 PM
WED	10/3/18	El Dorado Hills C.S.D.	4:00 PM

LEAGUE FINALS: 10/8/18 - Willow Hills Reservoir – 4:00 pm (Parking at Folsom H.S.)

***Please note – the most up to date schedule is posted on our website.**

NURSES NEWS



WELCOME BACK – Now let's have a healthy year!!

To keep your child healthy or safe - they may need medications while they are here.

Does your child have emergency epinephrine, an inhaler or other medication they may need at school?? If so, read below about medications. Some students may have a medical condition, such as a history of seizure disorder, heart condition or need accommodations for another medical concern. Please make sure that our health

staff is aware of any medical condition that might warrant a health plan. An individualized student health plan (ISHP) will provide first aid guidelines to school staff. We have two nurses that work throughout the district to assist with a plan and a health clerk that works daily at each site.

MEDICATIONS: **Every new school year**, we are required to obtain a new medication permission form completed by a medical provider AND a parent or guardian's signature. This includes Over-The-Counter (OTC) medications, and ALL prescription medications – even for emergencies such as Epi-Pens or inhalers. If you have a copy of prescription or medical record that shows this medication, you may SIGN OUR FORM and provide the records for us to review to see if we can use this. Be sure to indicate if your child can carry permissible emergency medications, such as epinephrine, diabetic supplies or inhaler. The medication form alerts our two District Nurses to review for a potential health plan with first aid guidelines and to add medical alerts for staff.

You can obtain a medication form for the 2018-2019 school year online: <http://buckeye-ca.schoolloop.com/file/1284215430053/1283091920611/5354481819082280360.pdf>

What else to expect this school year? Some medical screenings are performed to see if your child is at optimal health to learn. Hearing or vision concerns, chronic dental pain or other medical conditions can be a barrier to learning. It is important to us to help your child stay healthy and succeed at school.

SCREENINGS: Hearing and vision screening is mandated **at a minimum** of grades K, 2, 5 and 8 and we review students that are new to our district. Hearing services are provided by the "hearing van" or the nurses. Vision screening is planned to be conducted by a district nurse. Scoliosis screening occurs in the spring for 7th grade girls and 8th grade boys by our nurses. An oral health examination and a physical are required for the child's first year of school that should be obtained by the parent (forms can be obtained at each health office and are included in enrollment packets). *You will only be notified of any concerns should your child have results that are considered to be "abnormal" or a "failed screening"*. Thank you for your understanding!!

What we need? **Please** consider donating to your elementary school health office: Gently used stretchy pants, sweats or leggings and sport type or stretchy shorts-can be used in all sizes. Socks and undergarments for boys or girls. **No jeans please.** ALSO (all sites): Disinfectant wipes, baby wipes, sandwich baggies, gallon size zip bags.

Meet the team!!

Tristan Kleinknight, RN MSN PHN: Nurse for:

Blue Oak Elementary: Health Clerk II Joy Clark, MA
530-676-0164 x1830, Fax: 530-676-0758

Camorado Springs: Health Clerk Lesley Gentry
530-677-1658 x1530 Fax: 530-677-9537

Oak Meadow Elementary: Health Clerk Luz Shaw
916-933-9746 x2130 Fax: 916-933-9784

Valley View Montessori: H. Clerk II Mary Dietrich, RN
916-939-9640 x3330 Fax 916-939-5015

Sandy Chavez, RN BSN PHN: Nurse for:

Buckeye Elementary: Health Clerk II Rachel Kelly, LVN
530-677-2277 x1230 Fax: 530-672-1483

Rolling Hills: Health Clerk Pamela Currie
916-933-9290 x3030 Fax: 916-939-7454

Silva Valley Elementary: Health Clerk Tara Nakano
916-933-3767 x2730 Fax: 916-933-6389

William Brooks Elementary: H. Clerk II Terri Hale, MA
916-933-6618 x2430 Fax: 916-933-3910

GATE (GIFTED AND TALENTED EDUCATION) INFORMATION



P.O. Box 4768, El Dorado Hills, CA 95762

5049 Robert J. Mathews Parkway, El Dorado Hills, CA 95762

(530) 677-2261 • (916) 985-2183 • Fax (916) 934-0920

www.buckeyeusd.org

Dear Rolling Hills Parents,

The Buckeye Union School District will be conducting assessments of students, in October, to determine GATE (Gifted and Talented Education) eligibility. Although the program opportunities for GATE students are limited as the State provides little funding for GATE, the Buckeye Union School District is continuing its process of identification and, for those that qualify, some opportunities for enrichment/support in and out of the classroom continue to be provided.

At Rolling Hills students who qualify for GATE are provided an accelerated and advanced pathway in math and a variety of clubs such as Science and Math Olympiads, Battle of the Books, Quiz Bowl, CJSF, Club Live, Hands4Hope, chess, and others. These offerings vary from year to year depending on student interest. In addition, speakers and authors are often invited to make presentations and speak to students throughout the year.

In order for a student to qualify for GATE they must take the OLSAT (Otis Lennon School Ability Test) which measures the cognitive skills that relate to a student's ability to learn and succeed in school and examines both verbal and nonverbal abilities. A student needs to score in the 95th percentile on the OLSAT in order to qualify for GATE. This means that only approximately 5 of every 100 students taking the OLSAT will be GATE identified. The OLSAT exam will be offered at Rolling Hills Middle School during the school day, **October 23, 2018**, and will take approximately 1 hour.

In the past, students have been qualified to take the OLSAT exam by either a high score in the advanced range of a state standardized test or through a teacher recommendation process. Currently, the OLSAT assessment is open for students to take based on parent recommendation and student interest. When determining whether or not your child should take this rigorous test please consider the following guidelines:

- Does your child appear to have exceptionally strong intellectual skills for a student their age?
- Have teachers previously reported to you that your child demonstrates exceptionally well developed intellectual skills?

If the answer to one or both of these questions is yes, then they may be a good candidate for participating.

If your student participates and performs in the top 5% on the OLSAT, they will be identified as GATE eligible and will receive further communication from your school site regard enrichments and supports that are offered.

If you would like to have your child take the OLSAT test please complete the attached permission form and return it to your school by **September 28, 2018**. If there are any questions about whether to permit your child to participate in the OLSAT exam please contact your student's teacher or site principal.

***Please note - if your child was previously tested, and GATE identified, he/she does not need to retake the test each year.**

Sincerely, Melinda Spooner, GATE Coordinator

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I give permission to have my child evaluated for potential placement in the GATE program. I understand that I will be informed of the assessment results when they are available.

_____	_____	_____
Full Name of Student	Date of Birth	Home Phone
_____	_____	_____
Street Address	City, State, Zip	
_____	_____	_____
School	Teacher Name	
_____	_____	_____
Date	Signature of Parent of Guardian	

Buckeye Union School District

Presents

Parenting the Love and Logic Way

Six sessions designed to help parents equip kids with character, compassion, problem-solving skills and more!

You will learn how to:

Stay calm when your kids do inevitably upsetting things.

Set enforceable limits.

Help your kids learn from mistakes so they don't repeat them.

Avoid enabling and begin empowering.

Avoid un-winnable power struggles and arguments.

Get kids to do chores without nagging or bribing.

This parenting program is designed to give you practical skills that can be used immediately!

Location: Blue Oak Elementary School

September 18th – October 23rd 6:30 - 8:30 PM

Registration Fee: \$25 (\$40 for non-district families)

Childcare Fee: \$20 per family

Childcare space is limited, Registration deadline is September 11th at 4:00

Please register me for the upcoming *Parenting the Love and Logic Way*® class!

Name: _____

Phone: _____ Email: _____

I need childcare. Number and ages of children: _____

Return registration and payment to your child's school. Make checks payable to Buckeye USD.

For more information contact facilitator Carin Chumbley at pearlsofparenting@gmail.com

DINE FOR A CAUSE

Please come join us and help support



ROLLING HILLS MIDDLE SCHOOL

20% of all sales of meals and drinks will be
donated to the Rolling Hills Middle School.

WEDNESDAY SEPTEMBER 19TH, 2018
DINE IN OR TAKE OUT
11:00 A.M. - 10:00 P.M.

****PLEASE CALL AHEAD FOR PARTIES OF 8 OR MORE**

Bring this flyer to show server or (digital copy is fine)

****Just be sure to tell your server you are
dining for Rolling Hills!**



1010 White Rock Road, El Dorado Hills, CA 95762
(916) 941-3606

Join Hands4Hope!



The Rolling Hills H4H Club
meets on the 2nd & 4th
Weds of each month
in room G-3 from 1:10-2:00.

Come check us out in Sept on **9/12 & 9/26!**

What is Hands4Hope?

Hands4Hope is a youth driven service learning organization. HAVE FUN with friends and help your community in a club where the YOU the students decide which organizations the club benefits and how you will benefit them! - for more info call H4H office - not a BUSD program



BUCKEYE UNION SCHOOL DISTRICT

Meet Your Superintendent



Come and meet your Buckeye Union School District Superintendent, David Roth, Ph.D.

We will be hosting two meetings during October and November.

October 18, 2018, 6 to 7 p.m. at Camerado Springs Middle School in the Library.

- **Address: 2480 Merrychase Dr., Cameron Park**

OR

November 1, 2018, 6 to 7 p.m. at the District Office Training Room.

- **Address: 5049 Robert J. Mathews Parkway, El Dorado Hills**

SEPTEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Labor Day NO SCHOOL	Staff Development Day NO SCHOOL			School Picture Makeups Starting at 8:00 AM
10	11	12	13	14
		Battle of the Books Info Meeting at lunch in the Library	Friends of RH Meeting 12:45 pm in Staff Room	
17	18	19	20	21
	Science Olympiad Student Meeting at 1 st lunch in the Library Parent Info Meeting 6:00 pm in the Library	Battle of the Books Kickoff Sign-ups/Book Talks at lunch in the Library		6 th Grade Welcome Dance – 2:15-4:15
25	26	26	27	28
Parent/Student Conferences MINIMUM DAY NOON DISMISSAL Library Closed Afterschool	Parent/Student Conferences MINIMUM DAY NOON DISMISSAL Library Closed Afterschool	Parent/Student Conferences MINIMUM DAY NOON DISMISSAL Library Closed Afterschool	Parent/Student Conferences MINIMUM DAY NOON DISMISSAL Library Closed Afterschool	Parent/Student Conferences MINIMUM DAY NOON DISMISSAL Library Closed Afterschool

OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
		Battle of the Books Form Teams at lunch in the Library	Fall Box Top Collection due in 1 st Period	
8	9	10	11	12
Bengal Ninja Warrior Event! All day during PE classes.			Friends of RH Meeting 12:45 pm in Staff Room	
15	16	17	18	19
22	23	24	25	26
Red Ribbon Week	Red Ribbon Week OLSAT (GATE Testing) Time - TBD	Red Ribbon Week	Red Ribbon Week Fall Concert 6:30 - 8:00pm in MP Room	Red Ribbon Week
30	31	31		