



# 2022 Silva Valley Cross Country Schedule

Please note that practice times change due to early release and minimum days.

I will send out an email and update this schedule if there are any changes.

<u>Day and Date</u>	<u>Time</u>	<u>Location (school)</u>
Monday 8/22	Practice 2:15 - 3:30	Silva Valley
Wednesday 8/24	Practice 1:15 - 2:30	Silva Valley
Monday 8/29	Practice 2:15 - 3:30	Silva Valley
Wednesday 8/31	Practice 1:15 - 2:30	Silva Valley
Monday 9/05	LABOR DAY - NO PRACTICE	
Wednesday 9/07	Meet 3:30	Valley View
Monday 9/12	Practice 2:15 - 3:30	Silva Valley
Wednesday 9/14	Meet 3:30	Blue Oak
Monday 9/19	Practice 2:15 - 3:30	Silva Valley
Wednesday 9/21	Meet 3:30	SILVA VALLEY
<b>*MINIMUM DAYS*</b>		
*Monday 9/26	Practice 12:15 - 1:30	Silva Valley
*Thursday 9/29	Meet 4:00	Lakeview or Lake Forest
<u>For Qualifying Finalists Only</u>		
Monday 10/03	Practice 1:15 - 2:30	Silva Valley
Wednesday 10/05	Practice 2:15 - 3:30	Silva Valley
Tuesday 10/11	Finals at El Dorado County Fairgrounds for finalists only.	
Thursday 10/13	End of Season Party for the whole team TBA	