EL DORADO COUNTY
Community Hub

WHAT IS THE COMMUNITY HUB?
Community Hubs offer classes, groups and activities for families. Share parenting tips, refer children for developmental services and connect families with health care and other services and resources.

Hub 2
Family Engagement Specialist/ Community Navigator
Klaudia Silva : (530) 295 4513
(530) 919 8007

FOOD AND DIAPER DISTRIBUTION
The first Thursday of each month In partnership with Placer food bank we offer a Drive Thru Distribution Faith Episcopal Church 2200 Country Club Drive, Cameron Park 10:30 am a 12 pm .

EARLY LITERACY SPECIALIST
Miss Marni is offering in person programs at Cameron Park Library.
Wednesday 10:30 am
Early Literacy Story-time.
Friday 10:30 am
Mother Goose on the Loose
Thursday’s 5:30 pm
Pj Story time or Activity Night

PLAY & LEARN GROUP
Great opportunity to work on your child’s social skills while doing fun activities and free play time.
Every Monday at 10 am at Cameron Park Library.

PARENTING TIP OF THE MONTH
IMPULSE CONTROL
SELF CONTROL
It is a vital skill that can be nurtured and improved upon at any age. It’s normal for young children to be physically impulsive. Jumping off furniture, hitting or running in the grocery store are common impulse control problems. With practice and consistent discipline, impulse control should improve over time.
For more info and activities for this topic contact your Family Engagement Specialist.

FLU CLINICS
Low cost seasonal
Flu vaccine- $10 dlls-
No one will be denied services due to inability to pay -
Cash or check accepted -
No appointment needed -
For dates and times reach out to your Community Navigator

DENTAL VAN
Comprehensive Dental care for children 0-18 in collaboration with El Dorado County schools- For registration. dates and times reach out to your community navigator for Hub 2, Klaudia Silva.