



Nurse's Notes – WELCOME BACK – Now let's have a healthy year!!

To keep your child healthy or safe - they may need medications while they are here. ***Does your child have emergency epinephrine, an inhaler or other medication they may need at school??*** If so, read below about medications. Some students may have a medical

condition, such as a history of seizure disorder, heart condition or need accommodations for another medical concern. Please make sure that our health staff is aware of any medical condition that might warrant a health plan. An individualized student health plan (ISHP) will provide first aid guidelines to school staff. We have two nurses that work throughout the district to assist with a plan and a health clerk that works daily at each site.

MEDICATIONS: ***Every new school year, we are required to obtain a new medication permission form completed by a medical provider AND a parent or guardian's signature. This includes Over-The-Counter (OTC) medications, and ALL prescription medications – even for emergencies such as Epi-Pens or inhalers. If you have a copy of prescription or medical record that shows this medication, you may SIGN OUR FORM and provide the records for us to review to see if we can use this. Be sure to indicate if your child can carry permissible emergency medications, such as epinephrine, diabetic supplies or inhaler. The medication form alerts our two District Nurses to review for a potential health plan with first aid guidelines and to add medical alerts for staff.***

You can obtain a medication form for the 2018-2019 school year online: <http://buckeye-ca.schoolloop.com/file/1284215430053/1283091920611/5354481819082280360.pdf>

What else to expect this school year? Some medical screenings are performed to see if your child is at optimal health to learn. Hearing or vision concerns, chronic dental pain or other medical conditions can be a barrier to learning. It is important to us to help your child stay healthy and succeed at school.

SCREENINGS: Hearing and vision screening is mandated ***at a minimum*** of grades K, 2, 5 and 8 and we review students that are new to our district. Hearing services are provided by the "hearing van" or the nurses. Vision screening is planned to be conducted by a district nurse. Scoliosis screening occurs in the spring for 7th grade girls and 8th grade boys by our nurses. An oral health examination and a physical are required for the child's first year of school that should be obtained by the parent (forms can be obtained at each health office and are included in enrollment packets). *You will only be notified of any concerns should your child have results that are considered to be "abnormal" or a "failed screening".* Thank you for your understanding!!

What we need? ***Please*** consider donating to your elementary school health office: Gently used stretchy pants, sweats or leggings and sport type or stretchy shorts-can be used in all sizes. Socks and undergarments for boys or girls. ***No jeans please. ALSO(all sites):*** Disinfectant wipes, baby wipes, sandwich baggies, gallon size zip bags.

Meet the team!!

Tristan Kleinknight, RN MSN PHN: Nurse for:

Blue Oak Elementary: Health Clerk II Joy Clark, MA
530-676-0164 x1830, Fax: 530-676-0758

Camerado Springs: Health Clerk Lesley Gentry
530-677-1658 x1530 Fax: 530-677-9537

Oak Meadow Elementary: Health Clerk Luz Shaw
916-933-9746 x2130 Fax: 916-933-9784

Valley View Montessori: H. Clerk II Mary Dietrich, RN
916-939-9640 x3330 Fax 916-939-5015

Sandy Chavez, RN BSN PHN: Nurse for:

Buckeye Elementary: Health Clerk II Rachel Kelly, LVN
530-677-2277 x1230 Fax: 530-672-1483

Rolling Hills: Health Clerk Pamela Currie
916-933-9290 x3030 Fax: 916-939-7454

Silva Valley Elementary: Health Clerk Tara Nakano
916-933-3767 x2730 Fax: 916-933-6389

William Brooks Elementary: H. Clerk II Terri Hale, MA
916-933-6618 x2430 Fax: 916-933-3910