If you are struggling with your mental health, it may be time to seek help. There are many care options available, including telehealth!

**Care Solace** connects students, staff, and their families to mental health & substance use providers. Offering complimentary care coordination services, Care Solace will confidentially find available providers matched to your specific needs.

**CARE SOLACE BENEFITS**
- 24/7/365 MULTILINGUAL SUPPORT
- CARE REGARDLESS OF INSURANCE
- EASY ACCESS TO CARE INCLUDING TELEHEALTH

**TELEHEALTH BENEFITS**
- ACCESS CARE ANYWHERE
- EXPEDITED CARE
- BROADER AVAILABILITY

**CONNECT TO CARE TODAY**

To find a mental health or substance use provider tailored to your needs, call

888-515-0595